

Days of Importance for Health and Safety

- Bell Let's Talk Day – January 31
- Psychology Month – February
- World Health Day – April 7
- Day of Mourning – April 28th
- National Health and Fitness Day – June 2
- World Environment Day – June 5*
- Brain Injury Awareness Month – June 29*
- National Injury Prevention Day - July 5
- World Humanitarian Day – August 19
- World Suicide Prevention Day – September 10
- Occupational Therapy Month - October
- Mental Illness Awareness Week – October 1 to 7
- World Mental Health Day – October 10
- Fall Prevention Month November
- National Domestic Violence Awareness Month - November
- International Day for the Elimination of Violence Against Women – November 25
- Stomach Cancer Awareness Day – November 30
- National Day of Remembrance and Action on Violence Against Women – December 6th
- Human Rights Day – December 10