



DECEMBER 11, 2016

PSAC REGINA

WOMEN'S

COMMITTEE

Presents: Women's Self Defense

Training provided by 2 Trainers (Clayton Bennett and Boris Lubura) that have been trained by the Regina City Police, they have been training and working in the Security field for years.



Two sessions:
9:00 am – noon
1:00 pm -4:00 pm

10 Dollars per person to attend all to be donated to the Sophia House

Location:
Eastview Community Centre,
615 6th Avenue,
Regina

Sessions Available for everyone not just PSAC Members

ANY QUESTIONS CONTACT

Michelle Lang

Chair – Regina Women's Committee

m-lang2016@outlook.com