

FALL 2019 ~ Southern Alberta

# PSAC Education

## PSAC EDUCATION IN THE PRAIRIE REGION

prairies.psac.com



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**DATES: Sep. to Dec. 2019: Southern Alberta**

### Talking Union Basics

2 Day Workshop open to all Southern Alberta Locals.

**Southern AB | Calgary | Sept. 14 & 15 | (9am-5pm ea. day)**

The TUB course is the “cornerstone” of our PSAC Education Program and a pre-requisite for most of our other courses. This two-day course will introduce you to the PSAC, its structure, how to become involved and the fundamentals of trade union action. Emphasis is put on members’ rights in the workplace and in the union; on understanding and using the collective agreement and on union mechanisms to obtain and protect rights.

### Talking Union Basics

1.5 Day Workshop for Invermere, Banff, Radium, Lake Louise, Yoho, Kootenay and Field members

**Southern AB | Banff | Sept. 27 & 28 | (Fri: 5pm -8pm and Sat: 9am-5pm)**

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### Representing Members with Mental Health Issues

1 Day Workshop open to Stewards in **Lethbridge, Medicine Hat, Waterton, Brooks, Coutts**

**Southern AB | Lethbridge or Medicine Hat (TBD) | October 5th | (Sat: 9am-5pm).**

This one-day workshop will help stewards and local officers develop knowledge and skills that will assist them in representing members experiencing mental health issues.

### Steward Series: Mental Health Matters

3 Hour Mini-Workshop open to all Calgary Area Locals Only

(Available in other locations upon request)

**Southern AB | Calgary | Oct. 9th | (5:30pm – 8:30 pm)**

This workshop is designed for Stewards to participate! You will have a greater understanding of mental health disabilities & mental health in the workplace. You will gain the knowledge needed to acknowledge and dispel myths and stigmas which will allow you to engage and better represent members with mental health disabilities. Mental Health is a workplace health and safety issue and you will also develop some tools to assist workers impacted by exploring some tools and actions for the workplace. If you want to learn more about how mental health and mental health disabilities can begin to be addressed in the workplace this workshop is for you!

### Representing Members with Mental Health Issues

1 Day Workshop open to Stewards in Calgary, Banff, Red Deer, Innisfail, Lake Louise Areas

**Southern AB | Calgary | October 19th | (Sat: 9am-5pm)**

This 1-day workshop will help Stewards and local officers develop knowledge and skills to assist them in representing members experiencing mental health issues.

### Grievance Handling

2 Day Workshop open to all Southern AB Locals (All members, and new Local Stewards are encouraged to apply).

**Southern AB | Calgary | Nov. 16th & 17th | (9am – 5pm ea. day)**

Gives new shop Stewards essential knowledge for handling Level I Grievances. Participants gain an understanding of how to work with members at the initial stages of the grievance, and how to mobilize members around workplace problems.

### Training for New Local Officers:

2 Day Workshop open to all Southern Alberta Locals

**Southern AB | Calgary | Dec. 7th & 8th | (9am – 5pm ea. day)**

This course will bring together Local Executive members for skill development and knowledge building. Local Executive members will learn to work more effectively by developing an understanding of their roles and responsibilities. The course will introduce alternatives to assist with decision-making processes, and help participants develop the tools necessary for managing Local workloads more effectively.

### TO REGISTER FOR COURSES:

<https://prairies.psac.com/events>

403.270.6555

psacunion.ca