

Free Women's Fun Day!

April 21st, 10 a.m to 4 p.m.

PSAC Office:

10665 Jasper Ave, Edmonton

Register via the

PSAC website:

<http://psacunion.ca/education>

Members of PSAC welcomed!

Brought to you by
the PSAC Edmonton
Regional Women's
Committee. Join us
for some fun and find
out what we've been
doing in the
community!

Red Owl Yoga
Pose for self-help and
awareness.

**Laugh Therapy with
Miss Lafalot**
Detoxify and relieve stress
and pain in a laughter
workshop.

Lunch Provided

**Paint with
Janet Cardinal**
Create a beautiful painting
signed by "yours truly."

For more information, please call
the PSAC regional office at
780-423-1290.